



2014 Wish List

Please contact Patty at 763-230-7836 with questions or to offer your support.

For our Fridley clinic

Whiteboard for small conference room.

Books on: cutting, eating disorders, sexual abuse among teens and adults

Art therapy books and workbooks

Gift cards from Ikea, HOM Furniture, Room & Board, Target

Kids books, etch-a-sketch and other hand-held games for our lobby

Games for therapy rooms - "Concept 4," "Mastermind", "Kerplunk", "Uno", and regular playing cards.

Markers, colored pencils, Nerf basketball hoop and basketball, Model Magic



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For Bridgeview – our drop-in center for adults living with serious & persistent mental illness

Bingo prizes – \$5 and \$10 gift certificates to stores like Dollar Tree, Wal-Mart, Target, Cub, Rainbow, Walgreens, etc.

Meals for members – catered food for Bridgeview member lunches Tu-Thu
(to feed 40 people per day at Bridgeview)

2 large covered inside garbage cans

Large display board

3 Large whiteboards for conference rooms

Magazine rack-wall mounted

Wall mounted brochure holder

Professionally designed name plates for offices and rooms at Bridgeview

6 table top brochure holders

2 desks

Doorbell of some sort for main entrance

Handicap accessibility for main door

Smoking canisters

Relaxation CD's

White noise machine

Yoga mats for members

Pool stick holder

Stress balls

Supply of small ice packs (for cheeks) and sour/sweet candy-wellness toolbox item



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For our Domestic Abuse Program in Blaine

Parenting books related to Domestic Abuse

Michael's gift cards to purchase flower pots and crafts for moms and kids to work on together as a project

Play-doh, markers, crayons, sand tray, playing cards for play therapy done at this office

Magazines for waiting rooms

Small table for therapist who works with moms and youth

For our School-Based Peer Support Group Program

Stress balls

Anti-bullying books from the second step curriculum they use. Price range is \$15-\$31 per book. One of the LCC School Group Facilitators would like to start a resource library at Columbia Heights.

Gift certificates to purchase sensory items for youth who are on the spectrum

<http://www.autismshop.com/>.

Volunteer and staff recognition and rewards

Gift cards to restaurants, stores, salons and spas



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Services/Volunteer needs general LCC:

Collateral and web design

Photography at events

Outreach to businesses to display brochures

Outreach to businesses to procure donated items for golf tournament

Assistance with outreach to clinics for referrals

Assistance with database updates

Bridgeview volunteer opportunities:

Individuals or groups to come in to share a hobby or interest or to play games with members

Various topics/speakers/demonstrations we'd like at Bridgeview:

Women's health issues

Make-up techniques, hand or arm massages, nails, hair and grooming tips

Technology and Internet safety

Motivational speakers on general topics

Rep from MTC bus company to talk about Anoka County transportation/bus routes

Etiquette training

Florists or lawn garden centers to teach about floral arrangements and indoor gardening

CPR training

Humane Society to talk about animal care or companion support



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