

August 2017

Bridgeview CSP
7920 University Ave. N.E., Fridley 55432
PHONE: 763-783-7440
Activity/Van Phone #: 763-783-3578

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Drop-in Hours:	11:00 AM - 3:00 PM	11:00 AM - 4:00 PM	11:00 AM - 4:00 PM	11:00 AM - 3:30 PM	11:00 AM - 3:00 PM	
Van Hours:	Limited	9:00 AM - 3:00 PM	9:00 AM - 4:00 PM	9:00 AM - 3:30 PM	9:00 AM - 2:00 PM	
		1 11:00 Art Open Studio 11:00 Spanish Group 12:00 Chicken Pasta Salad 12:30 Mental Health Support 1:30 Dance	2 11:00-4:00 Art Open Studio 11:00 Women's Self-Esteem 12:00 Chicken Caesar Salad 1:00 Employment Exploration 2:00 Co-dependency 3:00 Anxiety/Social Phobia	3 11:00-3:00 Art Open Studio 11:00 Healthy Relationships 12:00 Chicken Enchiladas 12:30 Mental Health Support 1:30 Yoga-men 2:30 Social Time	4 11:00 Community Connections Lunch - Egg Bake 12:00 Bingo	5
6	7 Movie Monday 11:00 Open Art Studio 11:00 Writing Circle 12:00 Taco Salad 1:00-3:00 Role Play Group	8 11:00 Art Open Studio 12:00 Chef Salad 12:30 Mental Health Support 1:30 Dance	9 11:00-4:00 Art Open Studio 12:00 Fried Chicken 2:00 Declutter your brain with Allina Guest Speaker 3:00 Anxiety/Social Phobia	10 11:00-3:00 Art Open Studio 11:00 Healthy Relationships 12:00 Tuna Hotdish 12:30 Mental Health Support 1:30 Yoga 1:30 Motivation Group 2:30 Social Time	11 11:00 Community Connections Lunch - Oriental Chicken Salad 11:30 Como Zoo	12 12:00-3 pm Open Drop-In 12:00 Food 1:00 Bingo
13	14 Movie Monday 11:00 Open Art Studio 11:00 Writing Circle 12:00 Chicken Salad/Egg Salad Sandwiches 1:00-3:00 Role Play Group 2:00 Gratitude Journaling	15 11:00 Art Open Studio 11:00 Spanish Group 12:00 Tator Tot Hotdish 12:30 Mental Health Support Group 1:30 Dance 4:00-6 pm Young Adult Night	16 11:00-4:00 Art Open Studio 1:00 Women's Self-Esteem 12:00 Chef Salad 1:00 Employment Exploration 2:00 Member Meeting 3:00 Anxiety/Social Phobia	17 11:00-3:00 Art Open Studio 11:00 Healthy Relationships 12:00 Chicken Pasta Salad 12:30 Mental Health Support 1:30 Yoga 2:30 Social Time	18 11:00 Community Connection Lunch -Ham/Turkey/Egg Salad Sandwiches 11:30 Skipbo Tournament 11:30 Shopping Offsite	19
20	21 Movie Monday 11:00 Open Art Studio 11:00 Writing Circle 12:00 Ghoulash 1:00-3:00 Role Play Group	22 11:00 Art Open Studio 12:00 Egg Bake 12:30 Mental Health Support 1:30 Dance	23 11:00-4:00 Art Open Studio 11:00 Women's Self-Esteem 12:00 Fried Chicken 2:00 Hoarding 3:00 Anxiety/Social Phobia	24 11:00-3:00 Art Open Studio 11:00 Healthy Relationships 12:00 Oriental Chicken Salad 12:30 Mental Health Support 1:30 Motivation Group 1:30 Yoga 2:30 Social Time	25 11:00 Community Connection Lunch-Chicken Caesar 11:30 Bowling at Blainbrook Cost \$4	26
27	28 Movie Monday 11:00 Open Art Studio 11:00 Writing Circle 12:00 Spinach Salad 1:00-3:00 Role Play Group 2:00 Gratitude Journaling	29 11:00 Art Open Studio 12:00 Tator Tot Hotdish 12:30 Mental Health Support 1:30 Dance	30 11:00-4:00 Art Open Studio 11:00 Women's Self-Esteem 12:00 Egg Bake 2:00 Emotional Wellness 3:00 Anxiety/Social Phobia	31 11:00-3:00 Art Open Studio 11:00 Healthy Relationships 12:00 Chicken Enchiladas 12:30 Mental Health Support 1:30 Yoga 2:30 Social Time		