


June 2017

Bridgeview CSP
7920 University Ave. N.E., Fridley 55432
PHONE: 763-783-7440
Activity/Van Phone #: 763-783-3578

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|--|--|---|---|
| Drop-in Hours: | 11:00 AM - 3:00 PM | 11:00 AM - 4:00 PM | 11:00 AM - 4:00 PM | 11:00 AM - 3:30 PM | 11:00 AM - 3:00 PM | |
| Van Hours: | Limited | 9:00 AM - 3:00 PM | 9:00 AM - 4:00 PM | 9:00 AM - 3:30 PM | 9:00 AM - 2:00 PM | |
| | | | | 1 11:00-3:00 Art Open Studio 11:00 Social Time Group 12:00 Enchiladas 12:30 Mental Health Support 1:30 Yoga-women (must sign up ahead of time) | 2 12:00 Community Connections Lunch 12:00 Cooking Class at Bunker Hills Activity Center (sign up) | 3 |
| 4 | 5 Movie Monday 11:00 Writing Circle 12:00 Spinach Salad 1:00-3:00 Role Play Group 2:00 Employment Exploration | 6 11:00 Art Open Studio 11:00 Spanish Group 12:00 Meatball Subs 12:30 Mental Health Support | 7 11:00-4:00 Art Open Studio 12:00 Fried Chicken 12:30 Dance 2:00 Speaker on Nutrition 3:00 Anxiety/Social Phobia | 8 11:00-3:00 Art Open Studio 12:00 Egg Salad/Chicken Salad Sandwiches 12:00 Cooking with Tony 12:30 Mental Health Support 1:30 Yoga-men (must sign up ahead of time) 1:30 Motivation Group 2:30 Healthy Relationships | 9 12:00 Community Connections Lunch 12:30 Mini golf, cost \$8 | 10 12:00-3 pm Open Drop-In 12:00 Food 1:00 Bingo |
| 11 | 12 Movie Monday 11:00 Writing Circle 12:00 Taco Salad 1:00-3:00 Role Play Group 2:00 Gratitude Journaling | 13 11:00 Art Open Studio 12:00 Goulash 12:30 Mental Health Support | 14 11:00-4:00 Art Open Studio Guest artist Renee B. 11:00 Women's Self-Esteem 12:00 Chicken Caesar Salad 12:30 Dancing 2:00 Member Meeting 3:00 Anxiety/Social Phobia | 15 11:00-3:00 Art Open Studio 11:00 Social Time Group 12:00 Ham / Au Gratin Potatoes 12:30 Mental Health Support 1:30 Yoga-women (must sign up ahead of time) | 16 12:00 Community Connections Lunch 12:30 Bowling Cost: \$4 | 17 |
| 18  | 19 Movie Monday 11:00 Writing Circle 12:00 Chicken Caesar Salad 1:00-3:00 Role Play Group 2:00 Employment Exploration | 20 11:00 Art Open Studio 11:00 Spanish Group 12:00 Cheeseburger Hot dish 12:30 Mental Health Support | 21 11:00-4:00 Art Open Studio 11:00 Women's Self-Esteem 12:00 Fried Chicken 12:30 Dancing 2:00 Setting up a home workout 3:00 Anxiety/Social Phobia | 22 11:00-3:00 Art Open Studio 11:00 Social Time Group 12:00 Chicken Pasta Salad 12:30 Mental Health Support 1:30 Motivation Group 1:30 Yoga-men (must sign up ahead of time) 2:30 Healthy Relationships | 23 12:00 Community Connections Lunch 12:30 Como Zoo | 24 |
| 25 | 26 Movie Monday 11:00 Writing Circle 12:00 Taco Salad 1:00-3:00 Role Play Group 2:00 Gratitude Journaling | 27 11:00 Art Open Studio 12:00 Egg Bake 12:30 Mental Health Support | 28 11:00-4:00 Art Open Studio 11:00 Women's Self-Esteem 12:00 Chicken Oriental Salad 12:30 Dancing 2:00 Healthy Eating 3:00 Anxiety/Social Phobia | 29 11:00-3:00 Art Open Studio 11:00 Social Time Group 12:00 Enchiladas 12:30 Mental Health Support 1:30 Yoga-women (must sign up ahead of time) | 30 12:00 Community Connections Lunch 12:30 Riedel Mansion, walk along the Mississippi River | |