

DUAL DIAGNOSIS GROUP FOR ADULTS

The Dual Diagnosis group is for individuals who wish to examine their individual issues with addiction and mental illness. This group covers a variety of addictions including but not limited to: alcohol, drugs, gambling, sex, food, etc.

This group uses psycho-education and sessions focus on:

- Addiction education
- Developing coping strategies and problem solving skills to deal more effectively with addiction
- & co-occurring disorders

Join at any time. This group is **20 sessions** long and each session is **two hours** in length.

The cost will be billed to your eligible insurance plan.

If you are a resident of Anoka County without insurance, a sliding scale fee payment plan is available.

*We are currently offering this group for individuals with an SPMI Diagnosis.

Facilitator: Jeff Hoffman, MA

For more information, call our intake line at 763-780-3036.

20 WEEK
COMMITMENT

STARTS SOON!

CALL NOW TO
SIGN UP
763-780-3036

LOCATION:
BRIDGEVIEW
7920 UNIVERSITY AVE NE,
FRIDLEY, MN 55432

SLIDING FEE
AVAILABLE



Lee Carlson Center™
FOR MENTAL HEALTH & WELL-BEING

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BV, SPMI