

PARENTING SUPPORT FOR CAREGIVERS OF INFANTS AND TODDLERS



Attachment and Bio-behavioral Catchup (ABC) is a 10 week program designed to help caregivers nurture and respond sensitively to their infants and toddlers

Families who participate in ABC report their children:

- are more likely to be securely attached to their caregiver
- have better impulse control
- develop tools to manage frustrations
- have more advanced language abilities
- have an easier time transitioning between activities

CALL 763-780-3036

**FOR MORE INFORMATION
OR TO CONNECT WITH OUR
TRAINED ABC FACILITATORS**



LEE CARLSON CENTER™
For Mental Health & Well-Being