



MEET OUR THERAPISTS

Specializing in Early Childhood Mental Health



KRISTINE HUGHES, MA, LMFT, RPT
Therapist II

Kristine primarily utilizes Play Therapy, Art Therapy, Sand Tray, and mindfulness training. She follows a humanistic approach focused on the relationship with the client and accessing what they already have within them to heal.



JORDAN MYHRE, MA, LPCC
Therapist II

Jordan enjoys working with children & adolescents in a variety of environments, whether it is foster care, school based, or a clinic setting. She likes to continue to grow and learn through her experiences with clients.



MORIAH MUELLER, MSW, LICSW
Therapist II

Moriah's clinical interests include working with children ages 0-18 and their families. Her ideal clients are people who are curious, like to laugh, and want to feel more in-control of their life circumstances.



NICOLE ROHRER, MA
Lead Therapist

Nicole's approach is child centered through the use of play therapy techniques, including experiential play therapy and Theraplay. She believes that play is a natural medium of communication that allows children to fully express & explore their thoughts, feelings, experiences, & behaviors.



PAIGE LEHTO, MS, LMFT
Therapist II

Paige enjoys working with the entire system to heal. She has a person-centered approach to ensure that the people she works with are receiving the best care possible for their goals. Paige also believes in being experiential & authentic in her approach and wants to spend time building trust with those that she works with.

FOR MORE INFORMATION ON THIS PROGRAM, CONTACT KIM ZACK AT 763.780.3036 EXT 513

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