



## LEE CARLSON CENTER™ For Mental Health & Well-Being

### **ARMHS Specialist**

**Position: ARMHS Specialist**

Full-time (Competitive salary with additional quarterly bonus's possible)

Lee Carlson Center for Mental Health & Well-Being is a 501c3 non-profit and the primary provider of outpatient mental health services in Anoka County and surrounding areas. Each year we offer hope and healing to more than 6,000+ individuals and families struggling with a variety of emotional health issues. Services include clinic, home and school-based counseling and individual, family and group therapy as well as psychological testing, assessment and psychiatry.

A beacon of hope and healing for over 40 years, our mission is to provide exceptional and affordable mental health services to families, children, youth, and adults

**Responsibilities**

- Provide information and referral assistance regarding available support from appropriate social service agencies and/or community programs.
- Assist clients in development of a strength-based/solution-focused individualized goal and action plan that promotes self-sufficiency;
- Develop an effective, timely referral network in order to ensure ongoing direction and support as needed.
- Identify client strengths and barriers to stability and assist clients to reducing barriers and linking to resources and services.
- Provide proactive follow up home visits to ensure stability and further progress towards self-sufficiency; this includes support, advocacy, reducing isolation, listening, problem solving and identification of resources to assist with reintegration of clients in the community.
- Maintain accurate daily logs records, monthly outcome reports and files for each client.
- Transport clients as deemed necessary to deliver the service.
- Collect and report program data, including but not limited to agency Electronic Medical Record, HMIS and MHIS reporting and funders required data.
- Provide Adult Rehabilitative Mental Health Services (ARMHS) services to enable individual to develop and enhance psychiatric stability, social competencies, personal and emotional adjustment, and independent living and community skills, when these abilities are impaired by the symptoms of mental illness.
- Instruct, assist, and support the individual in areas such as: interpersonal communication skills, community resource utilization and integration skills, crisis assistance, relapse prevention skills, health care directives, budgeting and shopping skills, healthy lifestyle skills and practices, cooking and nutrition skills, transportation skills, medication education and monitoring, mental illness symptom management skills, household management skills, employment-related skills, and transition to community living services.
- Meet with individuals 2-5 hours a week in the community, at the office or in the individual's home.



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### Qualifications

Education and/or Experience: Bachelor's degree and experience working with SMI and SPMI adults with diverse clinical issues/backgrounds. Culturally sensitive and knowledge of personal boundaries and professional ethics. Must be able to work under stress and intervene appropriately in crisis situations. Must have a minimum of a BA or BS degree in psychology, social work or human services related field. Candidates are required to demonstrate 2000 hours of prior experience working with adults with mental illness under the supervision of a mental health professional.

Ability to maintain a valid driver's license, proof of drivers insurance, a satisfactory driving record and reliable transportation.

**Competitive salary and benefits:** We are pleased to offer a variety of benefits.

### Insurance coverage:

- Health Insurance Plans with as little as \$10 employee portion per pay period
- Delta Dental
- FSA
- Employer Paid Life Insurance
- Employer Paid Long Term Disability

### PTO/Vacation/Holidays:

- 80 hours Floating Holiday available immediately upon hire
- 1 week accrued PTO in first year
- 8 PAID Holidays - New Year's Day, Martin Luther King, Memorial Day, Independence Day, Labor Day, Thanksgiving Day and Friday following, Christmas Day
- 2 Days Emergency closing
- *Retirement:* 403B (matched up to 3% after 1 year)
- Legal Shield & Identity Shield
- Employee Assistance Program (EAP)
- Employee discounts
- Gym membership reimbursement through health insurance selection.

**To apply please send a resume and cover letter with interest to [apply@leecarlsoncenter.org](mailto:apply@leecarlsoncenter.org)**

***Equal Opportunity Employer - Minorities / Women / Protected Veterans / Disabled. EEO is The Law - click here for more information.***

*Lee Carlson Center for Mental Health & Well-Being is an **Equal Employment Opportunity/Affirmative Action** employer. If you have a disability or impairment and as a result you not able to complete an online application, please contact the Lee Carlson Center for Mental Health & Well-Being Human Resource Department at 763.780.3036 ext 835.*

*Lee Carlson Center for Mental Health & Well-Being does not discriminate against any qualified applicant or employee because of race, color, creed, religion, national origin, sex, sexual orientation, disability, age, marital status, familial status, membership or activity in a local human rights commission, or status with regard to public assistance in implementing the policy concerning non-discrimination based on national origin or religion.*