



LEE CARLSON CENTER™

For Mental Health & Well-Being



ARMHS



Adult Rehabilitative Mental Health Services (ARMHS) help individuals 18+ living with mental illness restore their independent living, social, and community skills that have been impaired by their symptoms.

How can one of our ARMHS specialists help you?

- Manage mental health symptoms
- Communication skills
- Transitioning into community living
- Relapse prevention
- Crisis assistance
- Community resource utilization & integration
- Budgeting and shopping
- Building a healthy lifestyle
- Medication monitoring
- Household management
- Employment-related skills
- Cooking and nutrition

Individuals eligible for ARMHS are insured by Medicaid and are assessed for eligibility prior to service to determine if a serious mental illness or severe and persistent mental illness is a factor for them. Our ARMHS Services reach individuals living in Anoka Co and Northern Hennepin Co.

To make a referral, contact our Intake Team.
763.780.3036 • leecarlsoncenter.org