

MENTAL HEALTH SERVICES

Available via Telehealth



About Lee Carlson Center

We are the primary provider of outpatient mental health services in Anoka County and surrounding areas, impacting the lives of 6,000+ individuals, families and caregivers each year. Lee Carlson, a Registered Nurse, founded the center in 1979 with a focus on helping at-risk youth through support groups in area schools. Our school-based program remains a cornerstone of our services, providing individual, group and family therapy in seven school districts.

Who We Serve

Our clinical team works with individuals and families and sees clients from ages 2-92 throughout the Twin Cities area.

Payment

Most insurance plans are accepted and a sliding fee is available for those who qualify. Contact us to learn more about your options.

Visit us at our website to learn more about our programs.

WWW.LEECARLSONCENTER.ORG

At Lee Carlson Center, we value our relationships with staff in the Osseo School District and want to make our services available to Osseo staff and their families. You can access our supports through our secure telehealth platform.

Our mental health services for adults, children, youth, and families include:

- Individual & Group Therapy
- Psychological Testing & Assessment
- Art Therapy
- Integrative & Holistic Treatments
- Trauma Therapy
- Psychiatry & Medication Management
- Couples Counseling
- Parent Support & Coaching
- Family Therapy
- Play Therapy

CALL 763.780-3036 TO LEARN MORE OR SCHEDULE AN INTAKE

When calling to schedule, please let us know you are a staff member in the Osseo Schools. To ensure confidentiality, we will connect you with a therapist who does not work in the Osseo District.



LEE CARLSON CENTER™

For Mental Health & Well-Being

HOPE. HEALING. HEALTH.