



LEE CARLSON CENTER™
For Mental Health & Well-Being



It's easy for families to access School Linked Mental Health!

SERVICES PROVIDED IN-PERSON AND THROUGH TELEHEALTH

Services can begin using one format and adjust as needed



Some tips for telehealth:

- Find a private space with a door that closes
- Ask a caregiver to help you find a private space
- Set a reminder on your calendar or on your phone to help you remember your appointment
- Ask for help if you can't get connected to your session

WE'RE HERE TO HELP!

Families and school staff can reach us to get connected to your school based therapist!

Financial assistance options available

Call or visit our website:

763.780.3036 • leecarlsoncenter.org