



LEE CARLSON CENTER™
For Mental Health & Well-Being



A Journey to Hope and Healing for Women Group



This group provides a safe space for women whose lives have been turned upside down due to life experiences which include hurtful put-downs, harsh criticism, and other emotional abuse, as well as physical or sexual abuse. Based on trust and honesty, many women find this group to be a place where they are free to share their painful experiences and memories in a non-judgmental and accepting environment and together find health and freedom.



6-8 pm every week for 12 weeks (Start date: TBD)
Location: 10091 Dogwood St, Suite 110, Coon Rapids
Cost: Billable to eligible insurance plans or payment options available

763.780.3036 • leecarlsoncenter.org

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