



LEE CARLSON CENTER™
For Mental Health & Well-Being



CTSS



Therapy through a Children's Therapeutic Services and Supports (CTSS) benefit set is a structured, consistent, strengths-based therapeutic service provided by a clinician to children, youth and families for the purpose of treating the youth's social, emotional and behavioral-health needs. CTSS is a quick three month intense rehabilitation model intended to restore child/adolescent behaviors and functioning to that of their peers.

Specific emphasis is placed on improving the family's ability to provide effective support for their children in the home with the goal of avoiding admission to an inpatient hospital, psychiatric residential treatment facility or other intensive treatment setting or service. Parent/guardian involvement is necessary for these short-term services.

These services for children and families are covered under many health plans and are currently available in your communities. Please contact us to determine if you qualify. If you do, services can begin right away.

To make a referral, contact our Intake Team.
763.780.3036 • leecarlsoncenter.org

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